

Amazing Grace

October 2016

A Missionary Basic Christian Community of Hawaii – Renew Newsletter

MBCC Executive Board 2015 – 2016

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Co-Spiritual Director
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We're on the Web!

See us at:
<http://www.mbccchawaiiirenew.com>

A word from our President, Larry Ritter



The calendar year 2016 is already set to wind down.

October's Encounter #105 and Post-Encounter activities will have passed with elections for a new MBCC of Hawaii – Renew (MBCC) Executive Board soon to follow and the new Board installed by

December. The past year hasn't been without its bumps and bruises but that is to be expected in any organization, especially where the mission is living the Word and spreading the Good News of salvation through Jesus Christ. The enemy loves to get its hands in there to wreak havoc.

The highlight of this year of course is the appointment of Fr. Ramon Francisco by Bishop Larry Silva as Spiritual Director for MBCC. Fr. Ramon is Parochial Vicar for St. John Apostle and Evangelist Catholic Church in Mililani. We thank Fr. Ramon for accepting this responsibility and also those persons involved in filling this position. Let us all extend a warm welcome and a helping hand to Fr. Ramon as he adjusts to his duties as Spiritual Director for MBCC.

Also of note was a Revival Day at St. Anthony's Retreat Center in Kalihi Valley on July 23,

2016.

With a theme of: Renew! Revive! Relive! an effort was made in the spirit of revitalization of our beloved MBCC. Many thanks to the planning committee, keynote speaker Dallas Carter, our very own Nellani Tabada and Wilfred Soong as presenters, and others who made this event possible.

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A word from our President, Larry Ritter

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"...The highlight of this year of course is the appointment of Fr. Ramon Francisco by Bishop Larry Silva as Spiritual Director for MBCC. ..."

"...Let us, faith-filled Children of God, unite in our commitment to Jesus Christ in building His rescuing Kingdom on this earth so we together can be with Him for life everlasting in Heaven!..."

Although more attendance would have been desirable I believe that those who participated would agree it was a worthwhile endeavor and may be something to consider as an annual event.

The Revival Day took the place of the scheduled July retreat weekend with the hopes that existing MBCC membership might have the opportunity to be spiritually energized. A one day event was deemed more feasible and accessible than attempting a whole weekend revival. Not all executive board members were in agreement on that decision and such was the case in the heartbreaking decision to cancel Encounter #104 scheduled for the weekend of April 23-24, 2016. Nobody

likes to cancel retreats least of all I. However the only fiscally sound decision to make based upon in hand participant count was to cancel. That being said, Encounter #105 is on as scheduled no matter what to bring the love of Jesus to our brothers and sisters, including our new Spiritual Director, Fr. Ramon. In addition we'd not like to jeopardize future scheduling for encounter weekends. That being said I think there was forward movement this past year despite a rocky ride at times. Before I personally make any decisions, including writing this article, I always invoke the blessing of the Holy Spirit. I know if we ask Him MBCC will continue to be blessed especially in the rejuvenation and growth of our communities which

are the backbone of our organization. Let us, faith-filled Children of God, unite in our commitment to Jesus Christ in building His rescuing Kingdom on this earth so we together can be with Him for life everlasting in Heaven!

Larry Ritter
President, MBCC
of Hawaii – Renew





ROMAN CATHOLIC CHURCH IN THE STATE OF HAWAII
DIocese OF HONOLULU
WITNESS TO JESUS

September 29, 2016

Rev. Ramon Francisco
Parochial Vicar
St. John Apostle & Evangelist
95-370 Kuahelani Avenue
Mililani, HI 96789

Dear Fr. Francisco:

Peace be with you!

I am pleased to appoint you the Spiritual Director for the Missionary Basic Christian Communities (MBCC) effective October 1, 2016. Thank you for accepting this responsibility in addition to your full-time commitment at St. John Apostle & Evangelist Parish, Mililani.

May the Lord bless you always for your kindness!

Sincerely yours in Christ,

+ Larry Silva

Most Reverend Larry Silva
Bishop of Honolulu

c: Very Reverend Gary Secor, Vicar General
Reverend Manny Hewe, Vicar for Clergy
Monsignor John Mbinda, Vicar Forane of Central Oahu/Molokai
Lawrence Ritter, President, MBCC

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A Spiritual Note

From Deacon Kin Borja...



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“Prayer: The Faith Prayed” by Deacon Kin

Aloha Friends

Renew! Revive! Relive! It has been almost 2 months since our Revival Day of Recollection on July 23, 2016 and prayerfully, we are still in “His Presence” as we continue on our journey. For this Catechetical Year, on September 18, 2016, the Church celebrated and commissioned their parish’s catechists to help our children and adults with faith formation. The theme was “Prayer: The Faith Prayed”

“...We are stewards of our God in all things that He made for us....”

These men and women came forth to answer God’s Call for them to share in the Mission of the Church to “Go out and teach all nations.....”By our own Baptism, we, too, have been commissioned to do likewise. As parents, this obligation becomes more urgent now more than ever.

We are stewards of our God in all things that He made for us. It is our obligation to ensure that our environment is kept clean and vibrant so that our children and the generations after them will also have the same resources for them to enjoy. To help us in these endeavors, we ask our Lord to help us inasmuch as we do not have all the answers.

You have heard me say things about the Comprehensive Sexual Education being implemented in our public school systems from kindergarten to high school. The Department of Education has determined with the help of Planned Parenthood of America to develop curriculum to teach our children the realities of sex education. Open this link to read more about CSE

<http://www.comprehensivesexualityeducation.org>

We, as a family, must work very closely with our children to ensure that the poison of sins do not negatively impact them and we can be more effective if we exercised prudence and show our children the true meaning of our faith. If we do not pray with them, they will not know why they should pray or to whom are we praying to. We are the primary teachers for them.

By our examples and the commitment of those dedicated Catechists, we can make the difference in the future of our Faith as our children would now pass on what they learned from us. Remember, "The Family that prays together, stays together!"

We are constantly faced with opportunities to renew our convictions as we are rejuvenated by the Spirit to continuing living on this great planet we call home....the earth.

SAVE THE DATES...

UPCOMING MBCC RETREAT:

March 3, 4, & 5, 2017

"Go Out and Tell the Good News!!"

Contact Rosa Lefu'a, today to Join the Team for March's retreat

Invite your family and friends now to experience an MBCC Retreat Encounter for themselves!

Annual MBCC Christmas Caroling

Saturday, December 17, 2016

Ka Punawai Ola

575 Farrington Hwy.

Kapolei, HI



**Meet at 9:00 a.m. in the Lobby
Caroling to begin at 10:00 a.m.**

See You There!

MBCC POST ENCOUNTER #105



Please join us at
Saturday, October 22, 2016
11:00 a.m. - 2:00 p.m.
Location will be provided on Sunday, October 16th!

**** Come meet new missionaries and MBCC Communities ****



**** Fellowship * Food * Games * Prizes ****



**** Bring family and friends ** ** Donate canned goods, cereal or toiletries ****

For the host location's Food Pantry



Please call Lori Ing at (808) 393-1496 to let her know you're coming!

SEE YOU THERE!

MBCC Find-a-Word ...Give it a try! (answers page 7)

SPIRITUAL DIRECTOR	CORRESPONDING	EVANGELIZATION
PRESIDENT	TREASURER	FINANCE
VICE-PRESIDENT	PRE-ENCOUNTER	PLANNING
RECORDING	THREE DAY-ENCOUNTER	YOUNG ADULT
	POST-ENCOUNTER	

P L A N N I N G G N M K L O Q Z Z R S
 L B V X X Z S W E T G N I D R O C E R
 K L O P Q W B H F M Y A D E E R H T L
 A Z X C V B N M E N E W Q X X R Y N O
 S D E V A N G E L I Z A T I O N R U V
 S W D G F H J V B T N X C P Z R T O E
 D P E W Q F G H N M I O P O R G R C W
 G R I D D H Y T V C F G K S F B G N Q
 Y E R R D F G H Y U I P L T E S V E M
 N S G V I C E P R E S I D E N T C E B
 M I F J G T E R Y U G T Y N N R X R T
 J D F G Y H U G H I F Y P C M E Z P I
 K E W S X C V A M I D U O O K A W E M
 W N D G H Y U I L M S I I U L S E W X
 E T Q S W E R F G D W K U N J U R Q C
 D V A Q W E D F G T I V J T H R Y X S
 R Y O U N G A D U L T R N E G E T Z Q
 Q P C E T Y U N H F D W E R F R O A W
 F I N A N C E E W R T Y O C D S P T V
 X Y T R C X Z A S S D A G Y T A I G G
 Z W E R T Y U I O P L K J V W O H R F
 C V G T Y P G N I D N O P S E R R O C



Healthy Shrimp And Asparagus Stir-Fry

4 tablespoons olive oil - 477 calories

1 pound raw shrimp - 539 calories

1 pound asparagus - 91 calories

1 teaspoons salt - 0 calories

½ teaspoon crushed red pepper - 3 calories

1 teaspoon garlic, minced - 4 calories

1 teaspoon ginger, minced - 2 calories

1 tablespoon low sodium soy sauce - 8 calories

2 tablespoons lemon juice - 7 calories

PREPARATION:

1. In a large frying pan, heat 2 tablespoons olive oil over medium-high heat. Add shrimp to the pan, then season with ½ teaspoon of salt and ½ teaspoon crushed red pepper. Cook until the shrimp is pink. Remove the shrimp from the pan and set aside.
2. In the same pan, heat 2 tablespoons olive oil and add asparagus. Add ginger and garlic, then season with ½ teaspoon of salt. Stir frequently and cook until the asparagus is tender-crisp.
3. Return the shrimp to the pan, then add soy sauce. Stir until the ingredients are well combined. Just before the dish is ready, add lemon juice, stir once more, then serve while hot.
4. Enjoy!



ANSWERS - MBCC Find-a-Word

P L A N N I N G

R

G N I D R O C E R

Y A D E E R H T

N

E V A N G E L I Z A T I O N

S

P

O

P

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S

N

E R

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E

S V I C E P R E S I D E N T E

I T N R R

D U C E P

E A O A

N L U S

T D N U

I T R

Y O U N G A D U L T R E E

E R R

F I N A N C E

C

T

O

G N I D N O P S E R R O C



MBCC Hawaii- Renew Newsletter “Amazing Grace” October 2016

***Mahalo* to the following for their contribution to this edition:**

*Larry Ritter

*Deacon Kin Borja

*Lori Ing

Healthy Shrimp & Asparagus Recipe courtesy of:

<http://bzfd.it/28Wcwc9>

If **you** have an idea for our March 2017 Newsletter,

I'd love to hear from you!

Please e-mail me at: kaleoz@yahoo.com

Mahalo,

Kaleo Ho

Corresponding Secretary

MBCC Hawaii - Renew